BAR HILL NEWS

September 2012 Issue 500

The Bar Hill News is also available on audio tape

If you, or someone you know, would benefit from this free service, please contact Julie at Camsight 01223 420033

Bar Hill Community Market

Saturday 8th September
We are having the market in the Octagon
and
Art and Craft Exhibition and Charities stalls in the Church

Please come and support this event
We will have refreshments and a BBQ as usual
10.30 am - 2 pm

Also the following market will be
Saturday 6th October
10.30 am - 2 pm
For more details contact Karen 781085

CASUAL VACANCY
BAR HILL PARISH COUNCIL

WE HAVE VACANCIES FOR PARISH COUNCILLORS

IF YOU ARE INTERESTED IN BEING CO-OPTED PLEASE APPLY IN WRITING TO:

Mrs L Baffa, Parish Clerk
Bar Hill Parish Council
Hanover Close, Off Viking Way
Bar Hill
Cambridge CB23 8SE
Or email on bhillpc-1@btconnect.com

Applications must be received

NO LATER THAN MONDAY 1ST OCTOBER 2012

Copy date for the next issue is 15th September to Margaret Sellars at bhneditor@yahoo.com, or see page 2 for other contact details.

BAR HILL RESIDENTS' ASSOCIATION

12/13 Committee

Chairman	Roger Hall	780304	11 Almond Grove
Secretary	Anil Pallan	01223 655620	72 The Spinney
Treasurer	Martin Avery	781233	34 Acorn Avenue
Website	Simon Munford email: simon.munford@gmail.com		

Also: Paul Goodfield (200228 15 Little Meadow), Jo Hall (11 Almond Grove 780304.

Bar Hill News

Editor	Margaret Sellars	C/o Parish Council Office	
Advertising Co-Ordinator	Bunty Waters	201421	77 Foxhollow
Distribution Co-ordinator	Martin Avery	781233	34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between the Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication and not necessarily those of the Association. **Anonymous letters will NOT be published, but names and addresses may be withheld.** However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Co-ordinator (see above – email to bunty.waters@ntlworld.com)

¼ page adverts cost **£15.50 per month** and must be submitted by the 1st of the month prior to inclusion.

Maxi ads (£8.50 per month) and **Mini ads (£5 per month)** should be submitted by 15th of the month prior to their inclusion. Sizes: Maxi 6 x 4.5 cm-9 x 6 cm. Mini 6 x 2 cm– 6 x 4 cm.

The ¼ page ads are for local businesses and we guarantee publication. This often results in a waiting list and, to help overcome this problem, we provide maxi and mini ads. These appear throughout the publication and we cannot guarantee their inclusion due to restrictions of space.

EDITORIAL

There is no charge for **Articles, What's On, For Sale and Lost and Found,** and these appear at the Editor's discretion. Please submit items by 15th of the month.

All telephone numbers without an area code are Crafts Hill (01954).

All items can be submitted electronically on disc or to bhneditor@yahoo.com, or hard copy via Parish Council Office.

The Maple Surgery

Tel 01954 780442

Surgery hours:
Monday to Friday 8:30 am-12:30 and 2-6 pm
Appointments: 8:30 – 11:50 & 15:00-17:30 (various appointments throughout the day for Urgent/Emergency bookings)
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Out of hours Emergencies (Urgent Care Cambridge) 0330 123 9131

Physiotherapist	Tuesday 2-5:15pm
Podiatrist	Monday, Wednesday and Friday 9 am-12 noon
	Wednesday and Friday 2-5 pm
Midwife	Thursday 9-12 noon (appointments only)
Psychological Therapies Team	Thursday 9 am-12 noon
Dietitian	1st Tuesday of month 9:00 am-12:00 noon
Orthoptist	2nd Tuesday of month 9-12:30 am
CAMTAD	4th Tuesday of month 9-11.30 am

Health visitors are now based at Longstanton Branch Surgery, Magdalane Close, Longstanton (Tel 01954 781855)
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USEFUL TELEPHONE NUMBERS

● Church Office 206120 ● Conservative Party (Iris Lay) 205265 ● Happy Hours (Helen Collins) 782203 ● Liberal Democrat Party (Andy Pellew) 07814 871752 (focusonbarhill.blogspot.com) ● Library (renewals and enquiries) 0345 045 5225 ● Parish Council (Leigh Baffa) 780456 ● Police non emergency 101 ● Post Office 789285 (Harry) Pre-School 782892 ● Samaritans 01223 364455 ● School 273305 ● Social Club 781881 ● Swavesey Village College 230366

PRAYER CHANGES THINGS

The group that meets for prayer at John's home (40, Oatlands Avenue) will begin its 9th year of operation on the 14th September. Please note that we will meet on the SECOND Friday of each month at 9.30 am. from this month. We usually are in session for one hour, and would be glad if you would join with us for prayer.

J R Field

Gus the Guide Dog Puppy

Hi everyone. I wrote to you a few months ago to tell you all how much I like living in Bar Hill with Grandma and Granddad. I am getting very grown up because I am eight months old now so I have done a lot of exciting things.

I went to Cleethorpes to stay with Auntie Debbie and her little toy poodle called Bridie. I love Bridie but she is very bossy especially in the house, sometimes Bridie tries to bite my nose if I go too close to Auntie Debbie and she always takes my bone or the toy I am playing with and won't let me have any of hers. I am sure she thinks she is a great big Rottweiler. When we go to the park or the seaside she is great fun and runs round and round with me and never seems to get tired. I love the sand because I am allowed to dig and roll in it and play with any dogs on the beach. I had a lovely time playing with pebbles and seaweed but I don't understand why grandma did not want the dead starfish I brought as a present for her as it smelt so lovely. I loved playing in the sea, the waves were very exciting but the water tasted horrible. I took a running jump into the water but I landed in a deep hole so I went right under. That is when I discovered I could swim. While I was nice and wet I had a lovely roll in the sand. Grandma was not very pleased because it made a mess in her car.

I have had lots of journeys on the train and the bus: it is all very exciting but I think they should build dog windows so I can see out. My last bus trip was to Newmarket. We went to see the racehorses on the gallops which was very exciting - they can run very fast but sometimes they dance around and rear up. Grandma won't let me do things like that. I don't think horses are very well trained but I did not tell them because they have big hard feet and very big teeth and I did not want to make them cross. We also had lunch in a restaurant. It smelt wonderful but I didn't' t get any because I only get fed twice a day: I don't think that is very fair. Still I was tired after the excitement of the bus ride and watching the horses so I curled up under the table for a nice long kip. Granddad said I had been very good so he gave me a special treat.

This week I have Auntie Hayley's two whippets staying. It is lovely to have company but Libby is 14 years old and did not want to pla. Rocket is only 3 so he loved a game but he only plays for a little while before he wants a snooze. If I tried to make him carry on playing he just snapped at me. I am very glad that I am a Labrador/Retriever cross because I have lots of fun and don't get tired so quickly. It must be very boring to be a whippet!!!

Every two weeks I go to guide dog puppy class where I meet all my friends. I especially like Nelson and Crystal and my sister Becky. We all have a lovely noisy time greeting each other but as soon as the class starts we have to behave. We have to walk nicely and go straight past our friends without trying to play with them which is very difficult. We also practice sitting, lying down, sitting up again and standing. Sometimes we have to lie down and stay without our puppy walkers holding our leads. We all managed it this morning but it is very hard not getting up to play. If we were all naughty and ran around playing, it would be very hard to catch us but we don't want to make Rowena our supervisor cross and think our puppy walkers were not training us properly. We are always exhausted after the class and have a good long sleep when we get home. I wonder why it is more tiring to be good than it is to be bad? I think a scientist should research that theory.

Grandma said to tell you that her last dog Vania has started training with her new owner, I hope she does well and has a nice kind owner.
I will try to be good like her. Bye for now,
love from *Gus*

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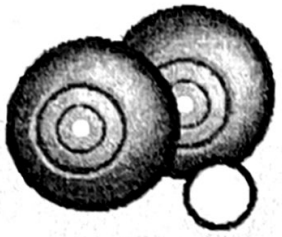

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OVER SURGERY NEWS

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We will also able to offer immunisations to other people – there will be a small charge payable in the pharmacy for this service, which will be available from October.

New Doctor at the Surgery
We're pleased to say that Over Surgery is now a Training Practice, and from August 2012 to January 2013 Dr Dharani Yerrakalva will be joining us as our first GP Registrar. GP Registrars are fully qualified Doctors, but are required to spend a year with GP's who are also qualified as trainers before going into practice on their own.

As a Practice we believe that teaching and training are important to bring on the next generation of Doctors. It also helps to keep us (and our patients!) on our toes, with new ideas from training and from hospital medicine. We hope you will treat our Registrars as an additional service that we can provide to you.

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8 O'CLOCK CLUB

The 8 o'clock Club is a women's group and we meet in the school on the 1st Thursday of the month at 8 p.m.
Our programme for the next school term is; -

6 September - Enrolment evening
4 October - Countryside restoration trust
1 November - To be announced
6 December - Xmas meal (members only)

New members are always welcome. If you would like to join us or come for a visit please come along to one of our meetings where we would be very pleased to see you. If you prefer to have a chat about the club please telephone Barbara (204171) Adela (204265) or Ann (204687

PARISH PLAN

The Parish Council is looking for people to join a group to produce a parish plan. This is something which the Parish Council is being asked by South Cambs District Council to produce. **It will enable residents to influence what happens in Bar Hill and how it can develop for the future.** THIS IS NOT ABOUT MONEY – it is about ideas. How would you like to see the village develop? What extra amenities would you like to see? What would you especially like to keep – this could be buildings, trees, facilities.
I will lead this group but I do need the input from residents. Are you a person bursting with ideas but no outlet for them? Come and join me. We can meet in the Parish Council Office at a mutually convenient time. Please contact me if you are interested.
Bunty Waters 07734690580, bunty.waters@ntlworld.com.

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CRICKET CLUB

The soggy summer continues, meaning I have only four matches to write about since the last month, and the cancellation total now stands at 38 matches across the Saturday, midweek and youth teams.

Indeed, the youth team simply ran out of dates on which to play their outstanding matches before the scheduled end of the season, with four matches being declared void by the Cambridgeshire Youth Cricket Association. Most clubs in the county found themselves in the same boat – no pun intended.

The firsts' only match did at least result in a thumping 132-run win over league leaders Milton. **Craig Driver** and **Pip Dickinson** put on a club record opening stand of 154 before Craig fell for 71. Pip went on to make 87 as Bar Hill put a total of 211 for 4 on the scoreboard. **Sam Wilson** then took four wickets in a superb 10-over spell and Milton were never in contention, finally being bowled out for 79.

The seconds have had one match – losing to Chatteris III by 12 runs. It looked good when Chatteris were bowled out for 91, with **Adam Dean** taking 4 for 15 and three run-outs helping the Bar Hill cause. But a pretty ropey artificial pitch made batting difficult for both sides, and Bar Hill struggled even more, being dismissed for 79.

The second were all set to play at Sutton, until a thunderstorm a couple of hours before the start turned the pitch into a lake and forced yet another cancellation.

But even when there is no rain around, we still don't always play – the seconds were frustrated at being awarded their match against Elsworth II because the opposition could not get a side out.

The midweek team managed to get in their match against Sepura, but lost by seven wickets. **Martin Haslop**'s two wickets were the highlight of a low-scoring match.

The other match that was played saw the Sports & Social Club win the first Fred Styles Memorial Match, hitting the winning boundary on the final ball in a thrilling finish.

Despite all the problems this season, we will still be "celebrating" at our end-of-season do – and there have been enough matches to hand out some awards.

Details should have already gone out to members and can be found on our website at **www.barhillcricket.org.uk** along with all sorts of other information.

A list of our award winners plus – hopefully – some final match reports will appear next month.

Paul Stimpson
201212

I have a **ladies bicycle** which has been lost and left in someone's garden, Please contact my phone 201421
Bunty Waters

COUNCIL TAX BENEFITS FOR VULNERABLE RESIDENTS CONSULTATION

Just a reminder that you can still put your views on how the most vulnerable people in South Cambs can continue to be protected following government cuts in funding for council tax benefits.

You can respond to the consultation - which runs until Friday 5 October - by visiting www.scambs.gov.uk/ctsupport or by attending one of the Council's public events:

- Monday 3 September, 3.30pm - 8pm, Longstanton Village Institute, 24 High Street
- Saturday 8 September, noon - 4pm, Impington Village College, New Road
- Monday 10 September, 3.30pm - 8pm, All Saints Church Hall, Church End, Cottenham

Southcambsbusinesssupport@examplas.com.

Please contact your South Cambs District Cllrs if you need further information

Bunty Waters 01954 201421 / 07734 690580 bunty.waters@ntlworld.com

Roger Hall 01954 780304 roger.hall90@ntlworld.com

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BAR HILL COLTS FC

OLYMPIC FEVER

We were lucky enough for one of the 8,000 Oylmpic torch bearers to come to the Village Hall during August thanks to Laura Bird, who was nominated to run in the relay at Lowestoft. Many of our younger players held the torch and their pictures taken doing so – do you recognise any of them??

SEASON 2012/12

All players of our teams have now been registered with their leagues, pre-season has been completed and everyone is waiting for the season to start. The opening fixtures for our teams are below – so please come down and give your support – unfortunately, at the time of writing our mini soccer teams fixtures are not yet available but please look at our webpage – www.barhillcolts.co.uk

Saturday 8 September –
Under 12's – Ravens – travel to Bluntisham
Under 10 girls – visit Burwell in their first ever game
Under 14 girls – the Allstars have a home fixture with Bassingbourn

Sunday 9 September
Under 15s – start with a vist to Cambridge Diamonds

Saturday 15 September
Under 12s – Ravens – home to BottishamUnder 10 girls – home to Cambridge CityUnder 14 girls – travel to Bishops Stortford

Sunday 16 September
Under 15s – travel again, this time to West Wratting

FA YOUTH DEVELOPMENT PROPOSALS

From season 2013/14 onwards, changes will be made by the national FA to the current structure in an attempt to retain players, avoid fewer dropping out of football and create a more child friendly competition.

The current structure of football is based upon the adult format and passed down to grassroots – 3 points for a win, goal difference etc. This results in too much pressure being placed on young players by coaches and parents alike when these players are still learning to play the game. We have to avoid fear of failure, fear of making mistakes and winning at all costs for young players.
The object of this exercise is to promote child friendly football on the appropriate size pitches with fewer players on the pitch. In turn, this will encourage more touches on the ball and improve each player's technical skills. There are plans to arrange frequent festivals to replace leagues at mini soccer age groups to support these objectives. Academic research shows that increase in touches, shots, dribbles, golas etc translates into more involvement and enjoyment for the children

To this end 5 v 5 games will be played at under 7 and under 8 level with the option of 9v9 being played at, up to under 16 level.

HAVE YOUR SAY...

The Club continues to strive forward and has maintained the Community Club status since it was first awarded in 2003. In addition, last December the club was awarded the County's Community Club of the Year, for the second consecutive year. We are proud to have approximately 160 registered with the club but it is important that we don't rest on our laurels.
To that end, the Club would like to extend an invitation to parents of those children that are currently registered with the Club, to an open forum on Monday 10 September 2012, starting at 8 pm at the school.
We want to hear from you to build on the success of the Club and ensure that we continue to provide an enjoyable experience for all the children that play for Bar Hill Colts.

FINAL UPDATE...

I am excited to finally report that Bar Hill Women's FC will be up and running in September with a good squad of players, the majority coming from Bar Hill. I would like to thank Katie Page for all her help and enthusiasm with setting up this team.
I am pleased that herself and others from the original Bar Hill Spitfires including Hayley Stevens, Issy Bennett, Sarah Boylan and Jeanette McDonald will be making the step up into the S-tech women's league.
Please come down and show your support for our first home game on **Sunday 9 September** against Fulbourn on the Village Green at 2pm.

VICKY x

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Coffee mornings

Whether you are a regular, have recently come for the first time, or are thinking about joining us, do come along to our coffee morning from 10 am to noon on 6 September. There will be another on 4 October.

Annual meeting

The annual meeting of the Friends will be held in the Library on 3 October, starting at 7.00 pm. We'll being reviewing the past year and looking at the year to come, as well as appointing the committee. All Friends will be most welcome.

Under 1's

From 11th September and every Tuesday onwards it will now be:

Mucky Pups from 1.30 pm to 3 pm

Meeting in the Octagon for bumps through to just walking. There will be the opportunity to meet with others, play, crafts and coffee and chat!

For enquires contact Jo Thompson on 07988 264745 or email joferris23@yahoo.co.uk.

FOR SALE

6 internal brown doors, as new, with hinges and handles £60
01954 789062

Sports and Social Club

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large TV screens in HD, play pool, darts, skittles and cribbage or enjoy a drink in our quiet lounge bar. We also have an XBox available for gaming.

What's on in September?

Membership Draw	1st September
Dean Alexander, Singer	15th September
Membership Draw	15th September
Membership Draw	29th September

Looking Ahead...

Anna, Singer 13th October

Visit our website, www.bhssc.org.uk
Join us on Facebook, at
Barhillsports.Socialclub

BHSSC Saturday Football Teams Fixtures , (Kick-off 1500)

01/9/12,	home to Brampton Reserves
08/9/12,	home to Mepal Sports
08/9/12,	Reserves away to Debden Reserves
15/9/12,	away to March Town Reserves (Junior Cup)
15/9/12,	Reserves away to Duxford United Reserves (Lower Junior Cup)
22/9/12,	home to March Town Reserves (Creake Charity Shield)
22/9/12,	Reserves away to Litlington Athletic
29/9/12,	home to Over Sports Reserves.
29/9/12,	Reserves away to Hundon Reserves (John Ablett Cup)

Not a Member?

New members are always welcome, join now for £10. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

The club also has a junior membership for 16 and 17 years olds for a one off payment of £5. This is valid until full membership can be obtained at 18.

Andrew Wilkin
01954 781881 (BHSSC)

FOR SALE

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01954 782203

Message from PCSO Mani.

Creating a safer Cambridgeshire

Yet again, it has been a very busy month for me spending most of my time dealing with incidents and crime reports mainly in Bar Hill and Girton. Also I have been out and about on patrol as much as my time permits me to do so.

As the majority of you must be ware by now, the **Skate Park competition will take place on 19th August,** and everyone is welcome to come.

I have carried out door to door police survey in Otter Close, Bar Hill this month; I am pleased to say that all was in order with no issues raised.

Crime reports:

This month there has been one crime report of a theft from Carphone Warehouse, The Mall. Unknown offender has entered the store and removed earphones from packaging then left without making payment.

On 9th August, a vehicle was seized at the Fox Pub car park, Bar Hill for having no valid insurance cover.

Between Friday 27th July at 22:00 and Saturday 28th July at 07:30, there was a report of criminal damage to a vehicle. Unknown offender(s) have climbed onto a roof of a vehicle whilst parked in Hillcrest and caused various dents.

On Sunday 15th July there was one suspicious incident reported in Foxhollow. A male was seen knocking on doors asking to complete some landscape work. Police soon located the male and dealt with him accordingly.

If you wish to report any other crime, suspicious behaviour or activity please ring our non-emergency number, 101. If you believe that a crime is in progress please ring 999. I also welcome anyone to contact me directly by emailing bujar.mani@cambs.pnn.police.uk if you wish to let me know of any issues you may be experiencing.

Kind regards

Histon Safer Neighbourhood Policing Team

Tel 01353 861 191 Mob 07835 430 347
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NATION WOMEN'S REGISTER
NWR

Ladies – Give yourselves a break. Enjoy discussions and make new friends!

NWR is a national organisation promoting friendship and self-confidence for lively minded women. We share ideas discuss topics, occasionally listen to speakers and enjoy social events.

13th September SEVEN WONDERS – What do we know about the Seven Wonders of the World?
Venue: Marie-The's

27th September HOW DOES YOUR GARDEN GROW? Choose a favourite flower or plant and tell us all about it Venue: Kaye's

The Bar Hill NWR group meets informally on alternate Thursday evenings and we pay just £1.00 per meeting to cover costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Jenny O'Dell on 201269 or Jackie Ellis on 780523. NWR can also be found on www.nwr.org.uk. Why not have a look!

SWAVESEY & OVER CONSERVATION SOCIETY (SOCS)

Wednesday
12th September 2012

"The Secret Life of the Beehive"
An illustrated talk by Paul Howe

All meetings are at Over Town Hall commencing at 7.30 pm unless otherwise stated
Lifts available if required
PLEASE PHONE: Tim Parish: 01954 203035 or Pat Miles: 01954 780485
GUESTS ARE ALWAYS WELCOME!
frparish@ntlworld.com

Admission Free unless otherwise stated.
However a donation of £2 per indoor meeting towards overheads and refreshments would be much appreciated.

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Thurs 6.15-7.15pm, Oakington Pav

BOX FIT
Weds 7.30-8.15pm , Octagon , Bar Hill

OVER 55S CLASS
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Frids 10-11am, Oakington Pav

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OFTEC

The Friends of the Rosie Hospital, with your help, are making the Rosie a more comfortable environment for mothers and babies.

During 2012 we are selling raffle tickets at £1 each for an exquisite hand-embroidered double bed quilt worth £2,000 to be drawn at our AGM in 2013. You can buy tickets online through our website as well as from our Tea Bar, on the wards and our many stalls (see below).
If you have any spare ribbons or yarn we are in urgent need of your donation.

Follow us on the Rosie in Stitches facebook page.

Stall dates for the Autumn
Saturday 8th September
10.30 am until 2.00 pm
Church Centre, Bar Hill

Our cushion cover demonstrating how to make use of the buttons we have for sale will be exhibited in the craft and art display as part of the Community Market.

Community Market
Church Centre, Bar Hill
Saturday 6th October
10.30 am until 2.00 pm

Saturday 3rd November
10.30 am until 4 pm

Saturday 1st December
10.30 am until 2 pm

Addenbrooke's Outpatients

There will be a large display of our toys and clothes in October, November and December
The dates will be in next month's magazine
We have items for sale in our eBay Charity Store Rosieinstitches2010, also hart4334 and 1234_orridge are also selling items to benefit the Rosie. There are links to affiliate stores on our website where we will get a donation.
While you're looking for bargains online, you'll find some extra savings at www.easyfundraising.org.uk/forh find the eVoucher codes on the Special Offers page.
You can raise funds by using the Easyfundraising search site at http://forh.easysearch.org.uk
If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for all your support

The Coffee Stop

This takes place every Wednesday at 10 am until 12 noon at the Library. Coffee, tea and biscuits are served, and it is a good opportunity to meet friends old and new and have a chat. Everyone is welcome. We support the "Friends of the Library" in making good use of this valuable resource and keeping it open for everyone. We would love to see you on a Wednesday morning.

Cancer Care event

Thank you to all of you who came to the Pampered Chef event in August. We raised £200 including online donations - fantastic!

If you would like to keep in touch, and find out about future events, please email me.
Thank you
Sarah Adams
sadams@chesterton.cambs.sch.uk

MEMORIAL GARDEN UPDATE

It has been a real pleasure to see how many people use the Memorial Garden. Some like to come and eat their lunch, others just like to take a few minutes maybe to reflect or just admire the lovely range of plants.
I must give my thanks to all those who help to maintain this garden, those who have supplied plants, those who undertake the planting, and those who help in the removal of litter. In particular Jean Diver her husband Colin, and Helen Chapman have been fantastic and an inspiration in what to plant and where.
Every few months we need to replenish some of the shrubs or bedding plants. If anyone would like to supply plants or a shrub for a special occasion or in memory of someone special then please feel able to contact Chris Stannard on 01954 781978.
Unfortunately we were not able to have a collection box at this year's Fete so if anyone would like to make a donation please feel free to call in at The Cambridge Building Society, Bar Hill. Our Account is "Bar Hill Memorial Garden Fund" Account No 1768402740.
Chris Stannard
Project Leader

If you haven't been to see this Garden lately do have a look - it's beautiful. Ed

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BAR HILL CHILDMINDERS

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If you would like to find out more you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all, (details below)

Childminders with Current Vacancies

Carol 780238
Kirsty 07584 168909
Melanie 204496
Janine 07879 613731
Terri 780458
Karen 07930 196319
Jacky 780249
Kirsten G 200228
Kirsten C 202228

'Little Bunnies'

Toddler Group
for Babies and Pre-school Children and their Parents/ Carers

We meet every Thursday 9.45 - 11.15 in the Octagon (term time only) £2.50 per family/carer - (or £1 per adult with only one child under one year old)- includes soft drinks and healthy snacks for the children hot drinks for the adults We have a large range of indoor and outdoor toys.

We open again Thursday 13 September 2012

TAXI?

As the Olympics are coming to a close you may be thinking of a holiday. So we write to remind you of our phone number should you wish to book a car to the Airport.

Our office number 01954 782822
Our email address jamesairportcars@gmail.com

Book in August & September 2012 & receive £10 discount when booking a return journey to and from the Airport. Please mention offer when booking.
We look forward to hearing from you.
Kind regards

James, Tara & Team
Airport Cars

Thank you for your support for my fundraising. The total I have raised has reached £150 but I need to raise 10 times that amount before Christmas.
In the autumn I intend to apply for a place as a General Course Volunteer on the Ski Course in January 2013 with

Transforming lives after spinal cord injury

The volunteer places cost £1,000 each and with spending money I need to raise £1,500 to be able to afford to apply for a place. The places are limited, so if I am not selected this round, I'll apply again next year. The money I raise will be used for Back Up.
To raise the money I have been selling items on eBay at http://shop.ebay.co.uk/nikkwilliams/m.html Please take a look and make a bid.
Is there a chore I could help you with in exchange for a donation to my fundraising?
Would you like to order a rich fruit cake or a large madeira cake for an upcoming celebration?
Would you like a mature rich moist fruit cake for Christmas? The best cakes are baked in September, so place your order now so that your cake can be fed regularly with brandy to mature into the moistest cake possible for your Christmas celebrations.
Please get in touch to discuss how you would like to help me in my fundraising efforts.
Kindest regards
Avril Williams
01954 782431
avril.williams1@btinternet.com

back up

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Visit our Practice Website www.willinghammedicalpractice.nhs.uk for more info about us.

Flu vaccine clinics Our flu vaccinations will arrive by the first week of October. Please ring for details of our special flu clinics towards the end of September.

Flu vaccination is recommended and is free under the NHS to all people of 65 years and over, pregnant women, and to those of any age with a long term medical condition, for example diabetes, heart disease, kidney or liver disease, asthma or any breathing disorder. Carers (in receipt of Carers Allowance) are also eligible.

Willingham Pharmacy News Patients on repeat medication can benefit from a **Medicines Use Review** in the Pharmacy. This is a **free NHS service** which helps you to get the best results from your medication. Just ask for an appointment at the Pharmacy or ring 01954 261787 to arrange a time. Neil our pharmacist may be able to offer this service without a pre-arranged appointment if the pharmacy is not too busy.

Cynthia Bidwell *– Practice Manager*

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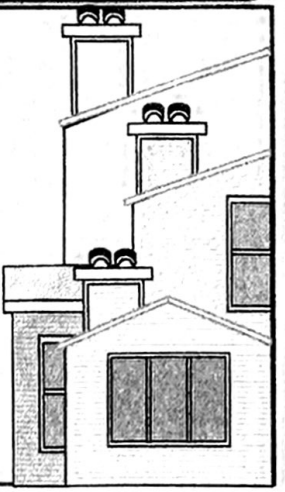

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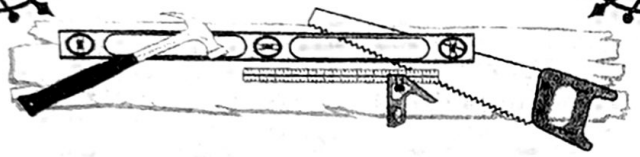

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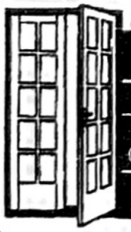

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HAPPY HOURS – NEWSLETTER

Our club competitions have started with members already playing their various games. A quieter month as most will have a few days away or go on holiday.

The Speaker last month was Dr John Tudor who spoke about the Jubilee Sailing Trust. They have two tall Ships Lord Nelson and Tenacious, and sail with mixed ability crews - 50% may be disabled including blind - all are actively involved in sailing these magnificent ships. www.jst.org.uk.

With reference to the Maple Surgery and the article in Cambridge News, I DID NOT contact them: this was done anonymously giving my name, perhaps that person would kindly do it in their own name in future. I did not appreciate it being done in mine.
As a club we did write to Andrew Lansley and the Primary Care Trust and have received replies from both. The BHN explained the position last month but this still leaves a very unsatisfactory situation, we have 8 months, including winter, before any new contract is awarded and many of our members are very worried and upset by the constant changes.

On a brighter note we have arranged an outing to Stamford and Burleigh House during August.

Helen Collins
782203

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The Allotment Society

Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Plot allocator is Steve Thomas so if you would like to go on the waiting list for a plot please contact Steve on 781602
All other allotment matters should be addressed to bhallotment@hotmail.com

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Little Acorns Pre-School

Little Acorns is a privately owned pre-school. We provide a wide range of activities to promote children's early learning and development. We are currently open Monday to Friday during term time from 9am – 3 pm. Children may come for a minimum of 2 ½ hours during this period up to the maximum of 6 hours per day, which would include staying for lunch.
Children are able to start pre-school as soon as they are 2 years old.
Nursery Education Funding (15 hours free per week) is available in the term after the child's 3rd birthday.
We are now registered to offer places to children on the 'free twos' scheme. If you are on income support you may be eligible for 10 hours per week of free care for your 2 year old. Please ask us for more information about referral or visit the children's centre who will also be able to advise you about this.
All our staff hold early years' qualifications and are trained in first aid and child protection.
For more information or to register your child please see our new website at www.littleacornspreschoolbarhill.co.uk or e-mail us at littleacorns.barhill@ntlworld.com
Or during session time please phone us on 07851803083 (and ask for Sally or Gail)
We are situated just off the green next door to the primary school; please feel free to pop in for a visit. Alternatively we hold termly open mornings for all our new starters when you and your child may visit together.
Our rooms are currently available to hire for children's parties and other events at very competitive rates (you don't have to attend pre-school to use this service) - again please ring or e-mail for more information.
We look forward to meeting you and your child soon.

Little Acorns Pre-School The Sparc Building
Gladeside Bar Hill
Cambridge CB238DY
Tel: 07851803083
Email – littleacorns.barhill@ntlworld.com

Road Resurfacing

Resurfacing Saxon Way are proposed for 23rd / 25th September. Work will include;

Remove existing surface on Sunday 23rd September. Lay the new surface during the evenings of Monday 24th and 25th September. The reason for the evening work is to stop any queues backing up onto the A14, and also maintain good access to the numerous businesses in Bar Hill.

At the beginning of September we will let all businesses know of the work, letter drop all affected domestic properties, talk to the bus companies etc.

Note plan set out below

Attached are the traffic management plans, you will see they are in phases with the arrows showing direction of flow, the diversion route for other vehicles will be around the ring road.

Perimeter Road White Lining

Many of you will recall the resurfacing of the perimeter road last autumn. Sadly some sections of the white lining failed to adhere to the new road surface. I raised this spring a complaint with County Transport officers. I am pleased to report that the contractor will be returning to re surface the failed parts of the perimeter road.

Support our campaign for better broadband. Get Cambridgeshire connected - Register here www.connectingcambridgeshire.co.uk http://www.connectingcambridgeshire.co.uk

10,000 REGISTER IN JUST 10 WEEKS FOR CONNECTING CAMBRIDGESHIRE

Join the ten thousand people who have already registered for our major campaign to bring superfast broadband to Cambridgeshire. The speed at which the Connecting Cambridgeshire campaign has reached the milestone total shows how strongly householders and business people feel about getting better broadband.

The detailed lists of proposals are available from j.e.reynolds@ntlworld.com

Visit www.cambridgeshire.gov.uk http://www.cambridgeshire.gov.uk/

HAVE YOUR SAY ON NEW CYCLE PARKING AT CAMBRIDGE STATION

The County Council and train operator Greater Anglia want to know people's views on newly installed double-height cycle racks at Cambridge Station.

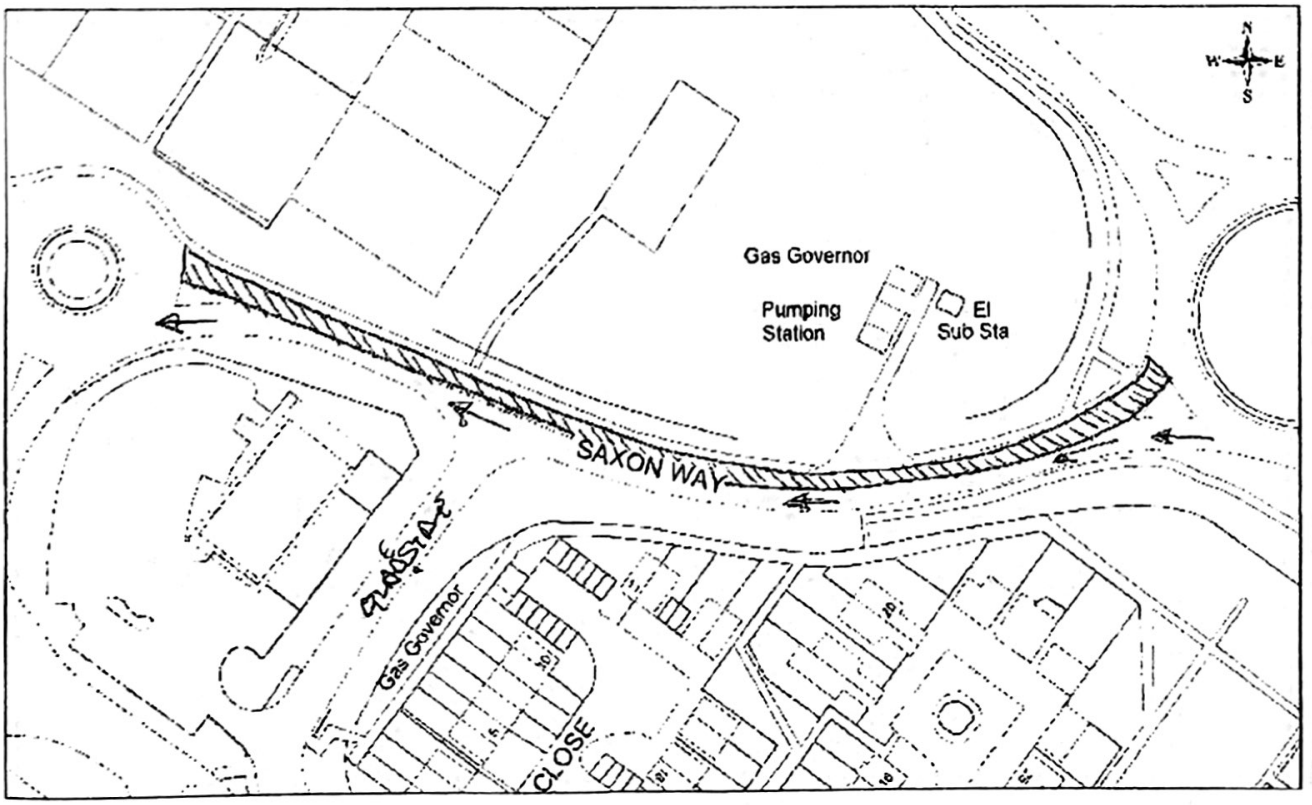
The new racks have now been in use for several weeks and the County and City Councils and train operator are looking for comments on a number of different designs and makes of the two-tier racks to see which are best for future use across the county and in a proposed multi-storey cycle park at Cambridge Station.

To have your say about the new racks, log on to www.cambridgeshire.gov.uk/cycling.

John Reynolds - County Councillor
j.e.reynolds@ntlworld.com
mobile 07801 560990

Saxon Way Resurfacing

SUNDAY 23rd SEPTEMBER
PHASE (2) EST 20:00HRS START →



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Sat 8:00am to 12noon

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Bar Hill Parish Council
Parish Council Offices
(Near the Health Centre and Octagon)
Tel: 780456
Email: bhillpc-1@btconnect.com

Parish Council Web Site – www.barhillpc.org.uk.
This will keep you up to date on current affairs in the village including meeting minutes and agenda.

Village Notice Board
This is very popular with residents who stop and look at the notices as they come into the shopping area. May I remind residents/organisations that notices should not be placed on fences/street lights etc. Please send your notice to me for inclusion on the notice board.

Brambles and weeds
In my walks around the village, I have noticed that there are a lot of weeds and brambles growing up on the other side of resident's fences, which has started to encroach on to public footpaths. May I please ask that residents take a look on the outside of their fences and cut back if necessary. This will save the Parish Council a great deal of time and money.

Parish Council Meetings
The next meeting will be on Thursday 6th September at 7 pm in the Parish Council Office and all members of the public and press are welcome to attend. There is also an Open Forum at the start of each meeting for residents to put their views across. **NOTE THE CHANGE OF DATE**

HANDY TELEPHONE NUMBERS
Streetlights: **NEW 0800 7838247 (on sticker on light)**
South Cambridgeshire District Council: (03450 450500) County Council **(damaged paths and roads)**: (01223) 717111 **Tesco—Stray trolleys 0800 50 55 55 TEXT store2065 EMAIL 9054@tescocomments.com** In each case give village and location of trolley

Leigh Baffa
Parish Clerk
Tel: 01954 780456
Email: bhillpc-1@btconnect.com

BIN COLLECTION DATES

5 September	Black bin
12 September	Green and **blue bins**
19 September	Black bin
26 September	Green and **blue bins**
3 October	**Black bin**

RESIDENTS' ASSOCIATION

Interested residents are always welcome at our meetings which are usually held on the **first Tuesday of the month at 8 pm in the Parish Council Office.** The next meeting is on 4 September.

VILLAGE HALL

To book or contact us at the village hall, please telephone 01954 782414 and leave a message (speak slowly and clearly please) and we will call you back within 24 hours Monday-Friday, OR e-mail us on barhill.villagehall@btconnect.com. We look forward to hearing from you.

During the week we have all the following groups and clubs.

Mon	Helene Jones Dance	3.30-8.15 pm
Helene's class is run in school term times only		
Tues	Zumba	10 - 11 am
Tues	Shotokan Karate	5.45-8.00 pm
Tues	Danielle (Boot Camp)	8-9.00 pm
Wed	Helen Jones (Dance)	4-6.45 pm
Wed	Zumba	7-8 pm
Wed	Pilates	8-9 pm
Thurs	Zumba	9.30 - 10.30 am
Thurs	Pilates	10.30-11.30 am
Thurs	Weightwatchers	6.30 7.30 pm
Fri	Martial Arts	6.30-8.30 pm
Sat	Sweat and Tone	8 - 9 am
Sat	Zumba	9 - 10 am
Sun	Bingo (doors open 7.15)	7.45-9.30 pm

Cash prices - No Bingo on Bank Holiday Sundays
(Please contact the office for details)

Carol Griffin

Bar Hill Parent and Toddler Group

Wednesday and Friday 9:45 to 11:15 am

Octagon Centre, next to Bar Hill Church

For families and carers with children aged 0-4 years. There is a variety of toys and activities for toddlers and pre-schoolers.
A baby area with mats and age appropriate toys.
Drinks and snacks are provided.

Prices:
Under 1's – £1 (or FREE when paying for a sibling over 1)
Over 1's - £2
Maximum charge per family / childminder - £3

Visit our facebook page for details of upcoming events.
Or email: bhparentandtoddler@gmail.com

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Maple Surgery News

www.maplesurgery.co.uk
Telephone 01954 780442

Appointment reminders

Our new system means that we can (with your permission) send you a text reminder of your appointments, therefore please let us know your mobile number so we can maximise this service.
Please do let us know if you change your contact number in case we need to get hold of you.

Prescriptions

Please remember to allow 2 clear working days for your prescription requests.

Practice Training

A reminder that the practice will be closed on the afternoon of Thursday 20th September for Clinical Governance Training as usual when we are closed cover is provided by our local Out of Hours Service (UCC) telephone **0330 123 9131** or call the surgery number and you will be put through to them automatically.

They will offer you telephone advice and an appointment to see a doctor at Chesterton Medical Centre or a home visit if appropriate. This locally organised service is used by all Cambridgeshire GP surgeries and is the correct and best way to access medical care outside surgery hours. There is ample free parking and the service is manned by local GP's.

NHS direct on 0845 4647 is also useful if you just want some telephone advice.

Can we please ask that unless you have a life threatening condition or you think you may need an X Ray that you do not attend the A&E Departments of our local hospitals. Our emergency services are overstretched and undoubtedly there will be a long wait to see a doctor. Inappropriate use of A & E adversely affects dealing with genuine emergency cases.

Extended hours

During the coming months our early morning opening day will vary depending upon which Doctors we have in attendance. Full details will be displayed in the surgery and on our website when available.

Regards from the Maple Surgery Team

Bar Hill THE RAY STATION Out of School Club

SPARC Building, Gladeside
Tel 07921 541549 or 01954 201079
and during club hours 07883 739368

We are situated in our purpose built building next to the School, with direct access from the playground. We provide childcare for children **aged 3-14** in a safe, stimulating and caring home from home environment with trained and experienced staff. The children walk directly to us when school finishes, with the reception and infant children being met in the reception classes and then accompanied to our building by our staff. Our Pre-School children are also collected by our staff from their Pre-Schools.
Our children enjoy a wide range of inspiring equipment, games and craft activities, from pool to computer games, dressing up to craft and lots more, or if they prefer they can chill out on our comfy sofas. We also use the safe environment of the school playground for outdoor play. A snack, such as pasta, filled pittas etc followed by a biscuit and fresh fruit is provided. We make birthday cakes to celebrate each child's birthday, which we share.
We are registered with OSTED: this enables parents/ guardians who are eligible, to claim up to 70% of their childcare costs. We are also able to accept childcare vouchers eg Fair Care and Busy Bees.
Our opening hours are:
Term Time 3.10 pm – 6 pm Monday to Friday
School Holidays 8.15 – 6 pm Monday to Friday
We are now taking bookings for our Holiday Club, for the June half term and the summer holidays. During the school holidays we also offer **full and part time childcare as well as occasional childcare.** We also run special craft and come-to-play sessions during the school holidays 10 am—12 noon which have proved very popular, both with children and their parents/carers. It's a chance to get your shopping done or maybe do something for yourself!
Please feel free to contact us if you would like any more information or would like to come along and see what we have to offer.
Patsie Ostler
(email patsieostler@hotmail.com)
(barhilloutofschoolclub@hotmail.com)
barhilloutofschoolclub@hotmail.com

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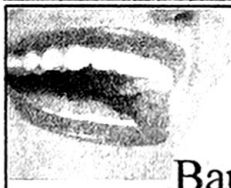

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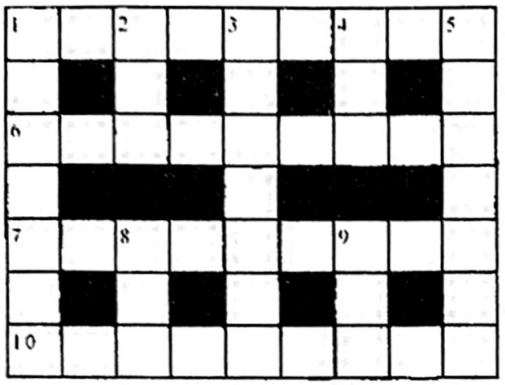
Solution for August

Across: 1 comforted, 6 dangerous, 7 Leicester, 10 sanctuary

Down: 1 cuddles, 2 man, 3 openest, 4 two, 5 destroy, 8 inn, 9 tea



Clues for September - Just add vowels

Across: 1 BLLK, 6 STRNT, 7 NLTHC, 10 DFRNC

Down: 1 BRND, 2 LT, 3 LPR, 4 D, 5 RTCL, 8 FF, 9 HN

Bar Hill Ecumenical Church - Services for September 2012

At present Bar Hill church has no resident minister **but see below**. If you need to speak to someone from the church, leave a message with the Church Centre Manager or any member of the Church Council whose email addresses are on the website.

Our new minister, Revd. Charles Mather will take up his post this month.

Sun 2nd	10 am Holy Communion
	6.30 pm Evening service with the church youth.
Sun 9th	8 am Holy Communion
	10 am Morning worship
	6.30 pm Evening prayer
Sun 16th	10 am Holy Communion
	6.30 pm Evening worship
Sun 23rd	10 am Harvest festival
	6.30 pm Holy Communion
Wed 26th	10 am Monthly Communion
	3 pm Harvest Songs of Praise
Sat 29th	**4 pm Minister's Induction Service**
Sun 30th	10 am Holy Communion
	6.30 pm Evening worship

There is a Roman Catholic mass every Saturday at 6 pm
Contacts: Church Centre Manager Tel 206120 (office hours Monday, Wednesday and Friday 9.30 – 10.30)
Website barhillchurch.org.uk

The Catholic Church of Our Lady and the English Martyrs
Hills Road, Cambridge
(The Catholic Church serving Bar Hill)

Parish Priest: Mgr Peter Leeming Tel: 01223 350787
Deacons: Revd Robert Joyce, Tony Northrop and Tony Sutton
Local contact: Bunty Waters Tel: 201421

Mass at Bar Hill Octagon Saturdays: 6 pm First Mass of Sunday

Masses in the Parish Church in Cambridge

Monday, Wednesday, Thursday, Friday 8 am and 12.15 pm
Tuesday 8 am and 7.30 pm
Saturday 6 pm First Mass of Sundays
Also 5 pm at The Ark, Cambourne, and 6 pm at Bar Hill Church Centre

Holydays of Obligation 8 am, 10 am, 7.30 pm

Sacrament of Reconciliation

Tuesday 6.45 pm (not after Mass)
Saturday 10.30 – 11.15 am, 4.30 – 5.15 pm, 7 – 7.45 pm

Details of other services are published in the weekly newsletter which is available at the 6 pm Mass each Saturday – copies are available in the Church Centre.

Everyone is always welcome to all Bar Hill Church services

Football Project

The pitch is available to hire in the evenings . The pitch is suitable for football and many other sporting activities such as mini tennis, hockey, bowls, volleyball and multi sports - it's a great venue for birthday parties. If you wish to find out more about hiring the facility then contact our Bookings Secretary, Julie Marin on 781838.

The officers of the Management Committee are:

Chairperson	Alan Hewings
Secretary	Paul Thorby
Treasurer	Jairo Marin

Bar Hill Pre-School

OFSTED Registered Full day Care 9-3 Charity No 1030725

Church Centre
Hanover Close
Bar Hill Camb
CB23 8EH
07932482965

Village Hall
The Spinney
Bar Hill Camb
CB23 8SU
01954 782892

We have two settings in the village located at the Village Hall Centre and Church Centre. Both Pre School settings have bright and airy rooms, both gardens are fully secure and enclosed. We provide safe, secure, independent learning environments for children aged 2-5 years.

Our ethos is to ensure a high quality of care and education by focussing on each individual child's ability, interests and we encourage their development throughout the Early Years Foundation stage.

Our key person and buddy system enables our Early Years team to meet the needs of individuals through planning child focussed next steps.

We have a snack bar where all children in turn prepare a variety of healthy balanced foods for themselves and peers twice a day.

Snack times help children to develop independence through preparing, making choices, serving food and refreshments.

We pride ourselves in providing outstanding Parental/ Carer partnership and use communication diaries to encourage working together.

Moving on sessions

These sessions are for children in their final year at Pre School. This is a more structured session preparing children for school entry.

Flexible childcare and Early Years funding

We are registered for and offer 15 hours free flexible childcare for the term after a child's 3rd birthday.

Playtots Sessions

These are held at the Village Hall on Tuesday 9.15-10.45. They are for Parents/Carers and children up to 5 years old including babies. We have lots of fun and have a large selection of indoor/outdoor activities including our soft play den and toys especially for the tots. Sessions are held on a pay as you play basis. Drinks and healthy snacks are provided.

For more information please contact either Pre School on the above numbers or feel free to pop in and meet our Managers and Early Years team during session times.

Our session allocation Co-ordinator Sarah is always on hand to support you through the registration process. Email: enquiries@barhillpreschool.co.uk

We look forward to meeting you and your child.

Paper delivery 07814754520

COMBERTON RAMBLERS - Join our friendly group for wonderful walks

Comberton Ramblers' Association walks an average of 5-6 miles every Sunday morning fortnightly. We are a very friendly group who greatly enjoy the lead walks in our beautiful countryside. There's time to take a rest break if needed or to simply stop and enjoy the view or visit places of interest along the way.

Our members come from many local villages and from within Cambridge itself.

Go on, give us a try, you'll have the benefit of an exhilarating walk plus the companionship of a group of like-minded people.

16/09/12 - **Hildersham, Linton Water Meadows, Roman Road** 6 miles Meet near The Peartree PH Tel. C 891680 (postcode CB21 6BU)

Annual membership £7.50, young people under 18 free.

Comberton Ramblers website: - www.combertonramblers.org.uk

Please contact the secretary Eileen Marsh Tel. 01223 262940

Email: marsh.eileen@gmail.com

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